Wine and Milk

Wine is felt by the French nation to be a possession which is its very own, just like its three hundred and sixty types of cheese and its culture. It is a totem-drink, corresponding to the milk of the Dutch cow or the tea ceremonially taken by the British Royal Family. Bachelard has already given the 'substantial psycho-analysis' of this fluid, at the end of his essay on the reveries on the theme of the will, and shown that wine is the sap of the sun and the earth, that its basic state is not the moist but the dry, and that on such grounds the substance which is most contrary to it is water.

Actually, like all resilient totems, wine supports a varied mythology which does not trouble about contradictions. This galvanic substance is always considered, for instance, as the most efficient of thirst-quenchers, or at least this serves as the major alibi for its consumption ('It's thirsty weather'). In its red form, it has blood, the dense and vital fluid, as a very old hypothesis. This is because in fact its humoral form matters little; it is above all a converting substance, capable of reversing situations and states, and of extracting from objects their opposites—for instance, making a weak man strong or a silent one talkative. Hence its old alchemical heredity, its philosophical power to transmute and create ex nihilo.

Being essentially a function whose terms can change, wine has at its disposal apparently plastic powers: it can serve as an alibi to dream as well as reality, it depends on the users of the myth. For the worker, wine means enabling him to do his task with demiurgic ease ('heart for the work'). For the intellectual, wine has the reverse function: the local white wine or the beaujolais of the writer is meant to cut him off from the all too expected environment of cocktails and expensive drinks (the only ones which snobishness leads one to offer him). Wine will deliver him from myths, will remove some of his intellectualism, will make him the equal of the proletarian; through wine, the intellectual comes nearer to a natural virility, and believes he can thus escape the curse that a century and a half of romanticism still brings to bear on the purely cerebral (it is well known that one of the myths peculiar to the modern intellectual is the obsession to 'have it where it matters').

But what is characteristic of France is that the converting power of wine is never openly presented as an end. Other countries drink to get drunk, and this is accepted by everyone; in France, drunkenness is a consequence, never an intention. A drink is felt as the spinning out of a pleasure, not as the necessary cause of an effect which is sought: wine is not only a philtrum, it is also the leisurely act of drinking. The gesture has here a decorative value, and the power of wine is never separated from its modes of existence (unlike whisky, for example, which is drunk for its type of drunkenness—'the most agreeable, with the least painful after-effects'—which one gulps down repeatedly, and the drinking of which is reduced to a causal act).

All this is well known and has been said a thousand times in folklore, proverbs, conversations and Literature. But this very universality implies a kind of conformism: to believe in wine is a coercive collective act. A Frenchman who kept this myth at arm's length would expose himself to minor but definite problems of integration, the first of which, precisely, would be that of having to explain his attitude. The universality principle fully applies here, inasmuch as society calls anyone who does not believe in wine by names such as sick, disabled or depraved: it does not comprehend him (in both senses, intellectual and spatial, of the word). Conversely, an award of good integration is given to whoever is a practising wine-drinker: knowing how to drink is a national technique which serves to qualify the Frenchman, to demonstrate at once his performance, his control and his sociability. Wine gives thus a foundation for a collective morality, within which everything is redeemed: true, excesses, misfortunes and crimes are possible with wine, but never viciousness, treachery or baseness; the evil it can generate is in the nature of fate and therefore escapes penalization, it evokes the theatre rather than a basic temperament.
Wine is a part of society because it provides a basis not only for a morality but also for an environment; it is an ornament in the slightest ceremonials of French daily life, from the snack (plonk and camembert) to the feast, from the conversation at the local café to the speech at a formal dinner. It exalts all climates, of whatever kind: in cold weather, it is associated with all the myths of becoming warm, and at the height of summer, with all the images of shade, with all things cool and sparkling. There is no situation involving some physical constraint (temperature, hunger, boredom, compulsion, disorientation) which does not give rise to dreams of wine. Combined as a basic substance with other alimentary figures, it can cover all the aspects of space and time for the Frenchman. As soon as one gets to know someone’s daily life fairly well, the absence of wine gives a sense of shock, like something exotic: M. Coty, having allowed himself to be photographed, at the beginning of his seven years’ presidency, sitting at home before a table on which a bottle of beer seemed to replace, by an extraordinary exception, the familiar litre of red wine, the whole nation was in a flutter; it was as intolerable as having a bachelor king. Wine is here a part of the reason of state.

Bachelard was probably right in seeing water as the opposite of wine: mythically, this is true; sociologically, today at least, less so; economic and historical circumstances have given this part to milk. The latter is now the true anti-wine: and not only because of M. Mendès-France’s popularizing efforts (which had a purposely mythological look as when he used to drink milk during his speeches in the Chamber, as Popeye eats spinach), but also because in the basic morphology of substances milk is the opposite of fire by all the denseness of its molecules, by the creamy, and therefore soothing, nature of its spreading. Wine is mutilating, surgical, it transmutes and delivers; milk is cosmetic, it joins, covers, restores. Moreover, its purity, associated with the innocence of the child, is a token of strength, of a strength which is not revulsive, not congestive, but calm, white, lucid, the equal of reality. Some American films, in which the hero, strong and uncompromising, did not shrink from having a glass of milk before drawing his avenging Colt, have paved the way for this new Parsifalian myth. A strange mixture of milk and pomegranate, originating in America, is to this day sometimes drunk in Paris, among gangsters and hoodlums. But milk remains an exotic substance; it is wine which is part of the nation.

The mythology of wine can in fact help us to understand the usual ambiguity of our daily life. For it is true that wine is a good and fine substance, but it is no less true that its production is deeply involved in French capitalism, whether it is that of the private distillers or that of the big settlers in Algeria who impose on the Muslims, on the very land of which they have been dispossessed, a crop of which they have no need, while they lack even bread. There are thus very engaging myths which are however not innocent. And the characteristic of our current alienation is precisely that wine cannot be an unalloyedly blissful substance, except if we wrongly forget that it is also the product of an expropriation.